



Coyote Day Camp

MISSION: to engage students in fun, hands-on activities that connect them to nature, while building peer relationships, and promoting self-esteem.



- **Dates:** Monday, June 21 – Friday, June 25
- **Time:** 9am – 12pm
- **Location:** North Mountain Park and Lithia Park

Join us for a full-filled week exploring nature and building peer relationships. Each day we'll focus on a different theme of connecting to the natural world, including shelter building, wildlife tracking, and sensory awareness. Hands-on, educational opportunities will be designed specifically to meet the special needs of each individual learner. Each day will include an art project, journaling, group discussion circles, and guided hikes. A nutritional snack will be provided. This camp is appropriate for ages 11-16.

What to bring each day:

- Sun protection (hat, sunglasses, sunscreen)
- Water bottle
- Closed toe shoes
- Journal and pencil/pen
- Camera (optional)

Schedule:

- **Monday: Awaken Your Senses**

Meet at the Nature Center at North Mountain Park

Taste, touch, smell, hear, and see! We will explore our senses. We will look at plants and bugs close up, touch nature's textures, listen to the babbling creek, and identify plants by their smell. Enjoy a day of sensory exploration!

- **Tuesday: Survive in a Shelter**

Meet at the Nature Center at North Mountain Park.

Build your own debris shelter out of natural materials. Put your creative juices to work as you learn how to protect yourself from the outdoor elements. Work cooperatively to navigate the park for ideal shelter spots and collect building materials. Create a mini-shelter to take home with you!



- **Wednesday: Who's Been Here? Tracking Wildlife**



Meet at the playground in North Mountain Park.

We'll begin with sketching our own tracks and then work in pairs to locate tracks and signs of animals throughout the park. You'll create a plaster track of your favorite local animal and investigate what animals leave behind.

- **Thursday: Play in the Woods**

Meet at the Lithia Park, Parks and Recreation Office

Experience a day of cooperative, nature-based games and team challenges that invite communication and group problem-solving skills. Rich discussions will ensue around how best to solve a problem with a group, how to be a leader and a follower, and how to show appreciation for self and others during and after a challenging experience.

- **Friday: Creation and Celebration**

Meet at the Lithia Park, Parks and Recreation Office

Create an artistic representation of your week at camp using natural objects and personal reflection. We'll create individual and group art as we savor our last day together among the trees. Through an appreciation circle, we'll celebrate our week and share our thoughts on this amazing journey.



Cost: \$175 for the week

Each student will receive a Coyote Trails tee shirt that must be worn to camp each day.

Instructors:

Kim Budd and Mary Ann Perry are trained and licensed special education teachers in the state of Oregon and have a wealth of experience teaching in the outdoor classroom.

Special Needs and Parent Collaboration: Prior to camp we will meet with all participant guardians to discuss any special needs that your child has so we can make appropriate accommodations and/or modifications to the curriculum and activities. Please note any dietary needs that we should be aware of including allergies to foods.

For more information, visit: www.coyotetrails.org

To sign up, please contact:

Sonia at the Coyote Trails office at 541-482-0513

Or email: office@coyotetrails.org

- North Mountain Park: 620 North Mountain Ave. Ashland, OR
- Ashland Parks and Recreation Office (in Lithia Park): 340 S. Pioneer St. Ashland, OR